



SEPTEMBER 2026

Programs and Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES: -To avoid class disruptions, please arrive 5 minutes prior to the start of class. -10+ are welcome with a parent or guardian for open gym. 14+ may join all classes independently. -All classes/programs are subject to change. -Rock wall is open for all members during operating hours. -Open Gym Times subject to change.		1	2 1-3pm Mahjong (GEX)	3 11:30-2:30 Pickleball Lessons (Beginner to Intermediate+) (G)	4 7-8:30pm Family Movie Night: The Sandlot at Trouble's End Biergarten located at Arader Farm (AF)	5
6	7 UPT Community Center is closed in observation of the holiday. We'll see you tomorrow!	8	9 1-3pm Mahjong (GEX)	10 11:30-2:30 Pickleball Lessons (Beginner to Intermediate+) (G) 5-5:30pm Walk with a First Responder: UPT Police & UPT Fire (BR)	11 11am-12pm: Art for Seniors: Caramel Apple Bar (MPR) *Regular hours resume today!	12
13	14 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 4:30-5:10pm Golf Tots (Amp) 4:30-5:30pm Beginner Field Hockey (DH) 5-6pm Make It Mondays: Apples (S) 5:20-6:20pm Beginner Golf (Amp) 5:30-6:30pm Beginner Field Hockey (DH)	15 4:45-5:25pm Baseball Tots: Ages 2-3 (AMP) 5:35-6:15pm Baseball Tots: Ages 3-4 (AMP) 6-7:30pm Medicare Seminar (S)	16 1-3pm Mahjong (GEX) 4:45-5:25pm Soccer Tots: Ages 2-3 (AMP) 5:35-6:15pm Soccer Tots: Ages 3-4 (AMP)	17 11:30-2:30 Pickleball Lessons (Beginner to Intermediate+) (G) 6:30-7:30pm Pokémon Central (S)	18	19 9:30-10:10am MultiSport Tots: Ages 2-3 (BR) 10:20-11am MultiSport Tots: Ages 3 to 4 (BR) 12-5pm UPT Fall Fest (AF) Center Closed today. Visit us at Fall Fest at Anderson Farm Park from 12 to 5pm!
20	21 8:30-4:30pm Kids' Day Out (G/MPR) 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 4:30-5:10pm Golf Tots (Amp) 4:30-5:30pm Beginner Field Hockey (DH) 5:20-6:20pm Beginner Golf (Amp) 5:30-6:30pm Beginner Field Hockey (DH) No Pickleball! Open Gym is ONLY available from 5-8pm.	22 4:45-5:25pm Baseball Tots: Ages 2-3 (AMP) 5:35-6:15pm Baseball Tots: Ages 3-4 (AMP)	23 1-3pm Mahjong (GEX) 4:45-5:25pm Soccer Tots: Ages 2-3 (AMP) 5:35-6:15pm Soccer Tots: Ages 3-4 (AMP)	24 11:30-2:30 Pickleball Lessons (Beginner to Intermediate+) (G)	25	26 9:30-10:10am MultiSport Tots: Ages 2-3 (AMP) 10:20-11am MultiSport Tots: Ages 3 to 4 (AMP)
27	28 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 4:30-5:10pm Golf Tots (Amp) 4:30-5:30pm Beginner Field Hockey (DH) 5-6pm Make It Mondays: Sunflowers (S) 5:20-6:20pm Beginner Golf (Amp) 5:30-6:30pm Beginner Field Hockey (DH) 5-5:45 PM Schwartz and Sprinkles FREE POPUP- BAKING TOOLS 101 (GEX)	29 4:45-5:25pm Baseball Tots: Ages 2-3 (AMP) 5:35-6:15pm Baseball Tots: Ages 3-4 (AMP)	30 1-3pm Mahjong (GEX) 4:45-5:25pm Soccer Tots: Ages 2-3 (AMP) 5:35-6:15pm Soccer Tots: Ages 3-4 (AMP) 6:30-7:30pm Perimenopause/Menopause Seminar presented by Rachael Schauder of STRONGHER (S)	LEGEND: (G) – Gymnasium (S) – Silo (BR) – Black Rock Park (AFP) – Anderson Farm Park (GEX) – Group Exercise Room (MPR) – Multipurpose Room (AMP) – Amphitheater Field (AF) – Arader Farm (DH) – Deck Hockey P&R Website: www.uptrec.org BLUE – Programs MAROON - GYM RENTAL GREEN – Special events Scan the QR code to register.		

