



May 2026

Programs and Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
LEGEND: (G) – Gymnasium (S) – Silo (AMP) – Amphitheater Field (DH) – Dek Hockey Rink (BR) – Black Rock Park P&R Website: www.uptrec.org BLUE – Programs MAROON - GYM RENTAL		(GEX) – Group Exercise Room (MPG) – Multipurpose Room (Admin) – UPT Administration Building (GR) – Game Room  GREEN – Special events/programs Scan the QR code to register.		NOTES: -To avoid class disruptions, please arrive 5 minutes prior to the start of class. -10+ are welcome with a parent or guardian for open gym. 14+ may join all classes independently. -All classes/programs are subject to change. -Rock wall is open for all members during operating hours. -Open Gym Times subject to change.		1	2
3	4 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 5-5:45pm Ballet/jazz (Ages 5-7) (MPG) 6-6:45pm Musical Theater (Ages 7-9) (MPG) 7-7:45pm My Someone Special Dance (Ages 5-10) (MPG)	5 5:30-7:30pm Pizza with First Responders (BR)	6 1-3pm Mahjong (GEX) 5-5:45pm Ballet (Ages 3-4) (MPG) 6-6:45pm Ballet/Lyrical (Ages 6-9) (MPG) 7-7:45pm Hip Hop (Ages 5-10) (MPG)	7 5:15-6:15pm My First Craft Fair: 3rd to 5th grades (S) 6:30-7:30pm Jr. CEO's: 6th to 8th grades (S)	8 11am-12pm: Art for Seniors: Resin Bookmarks (MPG)	9 9:30-10:10am MultiSport Tots (Ages 2-3) (AF) 10:20-11am MultiSport Tots (Ages 3-4) (AF)	
10	11 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 5-6pm Beginner Field Hockey (DH) 5-5:45pm Ballet/jazz (Ages 5-7) (MPG) 5-5:40pm GolfTots (AMP) 5:50-6:50pm Beginner Golf (AMP) 6-6:45pm Musical Theater (Ages 7-9) (MPG) 7-7:45pm My Someone Special Dance (Ages 5-10) (MPG)	12 5-5:40pm Baseball Tots (Ages 2-3) (AMP) 5:50-6:30pm Baseball Tots (Ages 3-4) (AMP)	13 1-3pm Mahjong (GEX) 5-5:40pm Soccer Tots (Ages 2-3) (AMP) 5:50-6:50pm Soccer Tots (Ages 3-4) (AMP) 5-5:45pm Ballet (Ages 3-4) (MPG) 6-6:45pm Ballet/Lyrical (Ages 6-9) (MPG) 7-7:45pm Hip Hop (Ages 5-10) (MPG)	14 5-5:50pm Beginner Girls Flag Football (Ages 5-8) (BR) 5:15-6:15pm My First Craft Fair: 3rd to 5th grades (S) 6-6:50pm Beginner Girls Flag Football (Ages 9-12) (BR) 6:30-7:30pm Jr. CEO's: 6th to 8th grades (S) 6-8pm Beginner Tumbling Pop Up (G) 6:30-7:30pm Thursday Night Live! PVHS Jazz Ensemble Concert (AMP)	15	16 9:30-10:10am MultiSport Tots (Ages 2-3) (AF) 10:20-11am MultiSport Tots (Ages 3-4) (AF) 9am-12pm Shredding event (BR) *Event runs until noon or until truck is full.	
17	18 1-3pm Hooks & Needles (S) 1:15-3pm Canasta (GEX) 5-6pm Beginner Field Hockey (DH) 5-5:45pm Ballet/jazz (Ages 5-7) (MPG) 5-5:40pm GolfTots (AMP) 5:50-6:50pm Beginner Golf (AMP) 6-6:45pm Musical Theater (Ages 7-9) (MPG) 7-7:45pm My Someone Special Dance (Ages 5-10) (MPG) *Gymnasium will be closed at 5pm in preparations for elections. *	19 8:30-4:30pm Kids' Day Out (MPR/AF) 5-5:40pm Baseball Tots (Ages 2-3) (AMP) 5:50-6:30pm Baseball Tots (Ages 3-4) (AMP) *Gymnasium is CLOSED for elections! No open gym or fitness classes today. *	20 1-3pm Mahjong (GEX) 5-5:40pm Soccer Tots (Ages 2-3) (AMP) 5:50-6:50pm Soccer Tots (Ages 3-4) (AMP) 5-5:45pm Ballet (Ages 3-4) (MPG) 6-6:45pm Ballet/Lyrical (Ages 6-9) (MPG) 7-7:45pm Hip Hop (Ages 5-10) (MPG)	21 9:30-10am Walk with a First Responder: UPT Fire Dept. (AF) 4:30-6:30pm Thursday Night Live! SFAHS Orchestra Concert (AMP) 5-5:50pm Beginner Girls Flag Football (Ages 5-8) (BR) 5:15-6:15pm My First Craft Fair: 3rd to 5th grades (S) 6-6:50pm Beginner Girls Flag Football (Ages 9-12) (BR) 6:30-7:30pm Jr. CEO's: 6th to 8th grades (S)	22	23 9:30-10:10am MultiSport Tots (Ages 2-3) (AF) 10:20-11am MultiSport Tots (Ages 3-4) (AF)	
24	25 UPT Community Center Closed in observation of the holiday. **Make up classes will be held on Tuesday, 5/26 for Dance classes only. Classes will meet at usual times on TUESDAY.	26 5-5:40pm Baseball Tots (Ages 2-3) (AMP) 5-5:45pm Dance: ballet/jazz (Ages 5-7) (MPG) 5:50-6:30pm Baseball Tots (Ages 3-4) (AMP) 6-6:45pm Musical Theater (Ages 7-9) (MPG) 7-7:45pm My Someone Special Dance (Ages 5-10) (MPG)	27 8:30-4:30pm Kids' Day Out (G/MPR/AF) 1-3pm Mahjong (GEX) 5-5:40pm Soccer Tots (Ages 2-3) (AMP) 5:50-6:50pm Soccer Tots (Ages 3-4) (AMP) 5-5:45pm Ballet (Ages 3-4) (MPG) 6-6:45pm Ballet/Lyrical (Ages 6-9) (MPG) 7-7:45pm Hip Hop (Ages 5-10) (MPG)	28 5-5:50pm Beginner Girls Flag Football (Ages 5-8) (BR) 6-6:50pm Beginner Girls Flag Football (Ages 9-12) (BR)	29	30 9:30-10:10am MultiSport Tots (Ages 2-3) (AF) 10:20-11am MultiSport Tots (Ages 3-4) (AF)	
31							

			*No Pickleball today!			
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