UPT Parks and

UPT Parks & Recreation Activity Guide

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Jan. 1

The UPT Community Center is closed today.

We hope you have a great start to the New Year. We will see you tomorrow morning to start those New Year's Resolutions!

Jan 2nd - March 27th (Fridays) Youth Futsal - 5pm

Join Coach Kiersten for Youth Futsal. She will teach the basics of Futsal and then run games at the Center. This is for kids ages 10-13 years old. This is a drop-off program. Registration will continue on a monthly basis.

*We will not hold Futsal on Friday, Feb. 13th.

Jan. 2nd - March 27th (Fridays) Futsal - 6pm

Cooler weather is bringing the return of Futsal to the Center. Please note, this is a pick-up game style program. Staff will not provide instruction during this session. Free for members. Registration will continue on a monthly basis.

*We will not hold Futsal on Friday, Feb. 13th.

Jan. 5th - March 30th (Mondays)

Hooks and Needles - 1pm

Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques!

UPT CC



484-391-2390



getuptcc@gmail.com



www.UPTREC.org



499 Hopwood rd. Collegeville









Jan. 5th - March 30th (Mondays)

Canasta - 1pm

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Come play Canasta with us! Join us for this fun, versatile card game on Monday afternoons.

Jan. 6th - 27th (Tuesdays) Mini Music Movers: Music & Story - 9:30, 10:15, & 11am

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Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class. It's always a great time with Ms. Kendra!

Jan. 6th - March 31st (Tuesdays)

Pickleball Lessons: Beginners - 11:30am

Interested in learning the game of

Pickleball? We have lessons for beginners

on Tuesdays from 11:30 to 12:30pm. Free for

Full Facility members.

Jan. 6th - March 31st (Tuesdays) Pickleball Lessons: Intermediate 12:30pm

This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for *Intermediate* Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility members!

Jan. 6th - March 31st (Tuesdays) Pickleball Lessons: Intermediate Plus - 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members!

GEX Classes for JAN./FEB./MARCH

- SS Classic Mondays @10:15am
- Cardio Blast Mondays/Thurs. @12:30pm
- Chair Yoga Tuesdays @10:15am
- Tai Chi Tuesdays @12:30pm
- Strength Lab Tuesdays @6pm
- Pilates Tuesdays @7pm
- Senior Stretch Wednesdays @10:15am
- Pilates Thursdays @9:30am
- SS Boom Thursdays @10:15am
- Mindfulness Yoga Thursdays @4:30pm
- Strength Lab Thursdays @6pm
- SS Stability Fridays @10:15am

For more information about these classes visit uptrec.org







January 2026 Open Gym & GEX Calendar



Jan. 7th - March (Wednesdays) Mahjong - 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

Jan. 9th

Art for Seniors: Winter Wood Slice Scene -11am

Join us as we create unique winter scenes on wood slices. Choose your snowman & then let your creativity roam from there. Each participant will make 1 scene. Registration is required on our website.

Jan. 10th - Feb. 7th (Saturdays) DinoTots - 9:30am & 10:20am

Get ready to stomp, roar, and explore with DinoTots! This exciting class is designed for little explorers to develop fundamental motor and athletic skills through fun, nonsport-specific games. Each child will wear a dinosaur mask and tail, bringing their prehistoric adventures to life as they run, jump, and play in a dynamic, imaginationfueled environment. Parent participation required for ages 2 to 3.

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Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class. It's always a great time with Ms.

Kendra! This class is for children 9 months to 6 years of age.



UPT Parks and

Jan. 15th

Pokémon Central - 6:30pm

Welcome to Pokémon Central — a family-friendly hub for card fans and collectors!

Bring your favorite Pokémon cards to trade, display, or simply share with other fans in a fun, welcoming environment. Whether you're a seasoned collector or just starting your journey, this is the perfect place to meet other Trainers, discover new cards, and enjoy the excitement of the Pokémon world. Battles are totally optional and may take place informally between participants who choose to play.

February & March's meetings will be held in the Game Room.





Art for Seniors: No Sew Snowman

Come make a no sew snowman with us! We will fill white socks with polyfill to form our snowmen. We'll finish them off with cute colored hats & scarfs. We can't see wait to see the fun snowman.

Feb. 13th 11-11:45am

Ages 55 and over Register online: uptrec.org





Disco Laser Tag - 5:30pm



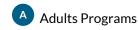
UPT Parks and

We are excited to be hosting Laser Tag at the Center! Grab your friends and join us for a fun night! This is for children between the ages of 8 and 12. This is a drop off program. Pre-registration is required. Visit our website today!

*Please note, the gymnasium will close at 2pm for staff to prepare for this program. It will reopen on Friday, 1/30.

Feb. 3rd - 24th (Tuesdays) Mini Music Movers: Music & Story - 9:30, 10:15, & 11am

Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class. It's always a great time with Ms. Kendra!



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Feb. 7th - 28th (Saturdays) Mini Music Movers: Music & Story 10:30am

Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are offering! required to stay and interact with those enrolled in the class. It's always a great time with Ms. Kendra! This class is for children 9 months to 6 years of age.

INCLEMENT WEATHER INFORMATION

IF WE HAVE WINTER WEATHER: PLEASE VISIT OUR WEBSITE FOR THE MOST UP TO DATE INFORMATION ABOUT OUR HOURS OF OPERATION.

WE WILL ALSO POST CHANGES ON OUR FACEBOOK PAGE.

FACEBOOK: UPT PARKS AND REC WEBSITE: UPTREC.ORG

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Feb. 5th - March 26th (Thursdays) Budding Entrepreneurs - 5:15pm a

Join us for this new program by Spark Business Academy! This program empowers students with an entrepreneurial mindset to develop a plan for their very own business ideas, drawing from disciplines such as marketing, finance, & strategy. This drop off program is for children currently in 3rd through 5th grades.



January 2026
Programs & Events
Calendar







Feb. 5th - March 26th (Thursdays)

Finance Club - 6:30pm

Join us for this new program by Spark Business Academy! Through hands on activities, students will explore financial decisions that they will have to make in the future. Instructors will provide them financial goals, develop a budget from scratch and more! This drop off program is for children currently in 6th through 8th grade.

Feb. 13th

Art for Seniors: No Sew Snowman - Ilam
Join us for a fun day of crafting! We are
going to make our own No Sew Snowman
out of socks! We hope you will join us for this
fun craft. Registration required.

Feb. 13th

Parents' Night Out - 5:30pm

Valentine's Day will be here before we know it! We have the kids covered so you can go out with that special someone. We'll play games, have pizza dinner, and more at the Center. Registration is required. Please visit our

website to reserve your spot by Feb. 5th.







UPT Parks & Recreation Office 1286 Black Rock Road, Phoenixville, Pa 19460

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Feb. 13th

Please note, the gymnasium will be closed from 4:30 to 8pm due to Parents' Night Out. The gym will reopen on Saturday morning from 8am to 10am.



Pokémon Central - 6:30pm

Welcome to Pokémon Central — a family-friendly hub for card fans and collectors!

Bring your favorite Pokémon cards to trade, display, or simply share with other fans in a fun, welcoming environment. Whether you're a seasoned collector or just starting your journey, this is the perfect place to meet other Trainers, discover new cards, and enjoy the excitement of the Pokémon world. Battles are totally optional and may take place informally between participants who choose to play.

Active Shooter & Stop the Bleed Training

Join UPT Police
Department & UPT
Fire & Emergency
Services to learn
ways to keep you
& your loved ones
safe during an
Active Shooter
incident and how
to Stop the Bleed.

March 10th

5:30-8:30pm \$10 per person UPT Admin. Building

egister at uptrec.org



UPT Parks and



February 2026 Programs & Events Calendar

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Adults Programs

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Feb. 21st - March 21st (Saturdays) DinoTots - 9:30am & 10:20am

Get ready to stomp, roar, and explore with DinoTots! This exciting class is designed for little explorers to develop fundamental motor and athletic skills through fun, nonsport-specific games. Each child will wear a dinosaur mask and tail, bringing their prehistoric adventures to life as they run, jump, and play in a dynamic, imaginationfueled environment. Parent participation required for ages 2 to 3.

March 3rd - 24th (Tuesdays) Mini Music Movers: Music & Story - 9:30, 10:15, & 11am

Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class. It's always a great time with Ms. Kendra!

April's session will begin on March 31st.



Join Coach Kiersten to learn the basics of soccer or brush up on your skills. All levels welcome. We'll have two different sessions available. Be sure to register for the correct age group. Registration is required.

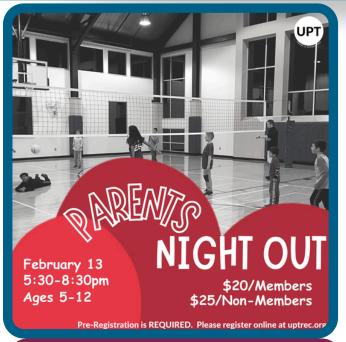


Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class. It's always a great time with Ms. Kendra! This class is for children 9 months to 6 years of age. Stay tuned for more information about Ms. Kendra's upcoming class offerings.





February 2026 Open Gym & GEX Calendar







March 10th

Active Shooter & Stop the Bleed Training -5:30pm

The FBI defines an "active shooter" as one or more individuals actively engaged in killing or attempting to kill people in a populated area. Please join UPT Police and UPT Fire and Emergency Services as we team up to provide our community with life saving instructions on how to better understand, prepare and respond to an active shooter event. Our two hour instruction will start with providing a foundation using the Run, Hide, Fight principals for survival. UPT Fire and Emergency Services will then teach how to perform life saving techniques on individual and patient care with "Stop the Bleed" training. Pre-registration is required for this event due to limited space.

March 13th

Art for Seniors: Chocolates- 11am









UPT Parks & Recreation Office 1286 Black Rock Road, Phoenixville, Pa 19460

March 19th

and collectors!

Pokémon Central - 6:30pm 👩 Welcome to Pokémon Central – a family-friendly hub for card fans

Bring your favorite Pokémon cards to trade, display, or simply share with other fans in a fun, welcoming environment. Whether you're a seasoned collector or just starting your journey, this is the perfect place to meet other Trainers, discover new cards, and enjoy the excitement of the Pokémon world. Battles are totally optional and may take place informally between participants who choose to play.



UPT Parks and

March 20th

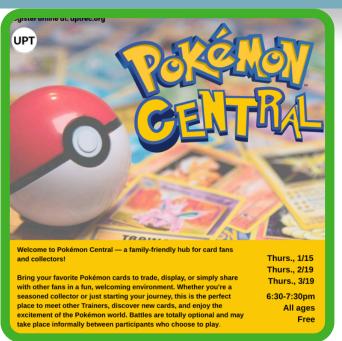
Story time with UPT Fire Depart. - 9:30am

Our friends from UPT Fire Department will be on hand at **Black Rock Park** to read us a story or two. We will meet in the closed parking lot near the large playground. Afterwards we can check out the truck and all the equipment afterwards. This is geared towards 3-6 year olds, but all are welcome. Registration is required!

*Please note, the Fire Department is actively on duty and may be late due to an emergency in the Township. We appreciate your patience while our First Responders help our residents in their time of need. They will arrive at the Park for Story time as soon as possible. Thank you.



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March 28th - April 25th (Saturdays) DinoTots - 9:30am & 10:20am

Get ready to stomp, roar, and explore with DinoTots! This exciting class is designed for little explorers to develop fundamental motor and athletic skills through fun, nonsport-specific games. Each child will wear a dinosaur mask and tail, bringing their prehistoric adventures to life as they run, jump, and play in a dynamic, imaginationfueled environment. Parent participation required for ages 2 to 3.

March 30th - April 27th (Mondays) Beginner Field Hockey -4:30pm (a)

Join Skyhawks for an exciting introduction to Field Hockey, a sport with a global appeal! Our fun, inclusive program, developed with USA Field Hockey, teaches basics like stickhandling and passing in a game-based environment. Perfect for boys and girls, this program is your child's gateway to a new sport. Each participant receives a free stick, Go Ball and online training with LEAP Hockey. Let's discover Field Hockey together!

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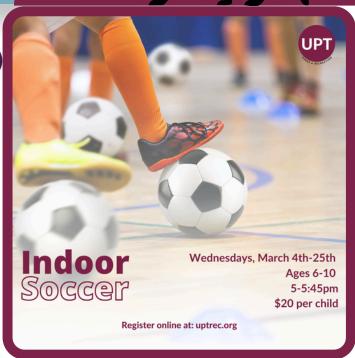
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March 30th - April 27th (Mondays)

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Golf Tots-5pm

Join us for a unique golfing experience inspired by Payne Stewart Golf Experiences. Our programs offer expert instruction in putting, chipping, pitching, and full swings, ideal for young athletes eager to master golf. Start a rewarding journey in the world of golf with us! Parent participation is required for children 2 to 3 years old.





March 2026 **Programs & Events** Calendar



March 2026 Open Gym & GEX Calendar





UPT Parks and Rec Linktree



March 30th - April 27th (Mondays)

Beginner Golf - 5:50pm



Skyhawks Beginner Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

March 31st - April 28th (Tuesdays)

Baseball Tots-5pm & 5:50pm





Baseball Tots, ideal for kids aged 2 to 5, focus on developing motor skills & baseball basics like throwing, catching, hitting & running. Baseball Tots fosters a love for baseball from the start! Parent participation is required for ages 2 to 3.







C A M P S C M M E

Summer Camp Update:

Be on the lookout for our Camp Guide in the coming weeks. We will be kicking off Early Bird Registration for Camp Black Rock the last week of January! Early Bird Registration is only available for Township Residents.

Be sure you have an account on the Parks and Recreation website: uptrec.org. This will help make the registration process smoother for everyone. All specialty camp registrations, with the exception of the UPT Emergency Services Academy, will open on Tuesday, February 17th. Stay tuned for a release date of the UPT Emergency Services Academy in the near future.











COMING SOON

April 1 st	Soccer Tots w/
	Skyhawks Sports

April 2 nd	Beginner Girls Flag
	Football w/Skyhawks

week of	Dance begins!
May 4th	9

May 9 th	Dino Tots w/Skyhawks
	Sports

May 11 th	Beginner Golf
	w/Skyhawks Sports

May 16th Shredding Event