



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|
| 2 8-10am Beginner Pickleball(G) 10:15-11am SS Classic(G) 11:30am-2 Intermediate Pickleball(G) 12:30-1pm Cardio Blast (GEX) 2-6pm Basketball(G) 6pm-8pm Men's Basketball(G1) 6pm-8pm Basketball(G2) | 3 8-10am Beginner Pickleball(G) 10:15am-11am Chair Yoga(G) 11:30am-2:30 Pickleball Clinic (G) 12:30-1:30pm Tai Chi (GEX) 2:30pm-5pm Basketball(G) 5-8pm Badminton (G1) 5-8pm Basketball (G2) 6-6:45pm Strength Lab (GEX) 7-7:45 Pilates (GEX) | 4 8-10am Beginner Pickleball (G) 10:15am-11am Senior Stretch (G) 11:30-2 Intermediate Pickleball (G) 2-6pm Basketball (G) 6-8pm Men's Basketball (G1) 6-8pm Basketball (G2) | 5 8-10am Beginner Pickleball(G) 9:30-10:15 Pilates (GEX) 10:15am-11am SS Boom(G) 11:30-2 Intermediate Pickleball (G) 12:30-1pm Cardio Blast (GEX) 2:00pm-5pm Basketball(G) 4:30-5:30 Yoga (GEX) 6-6:45 Strength Lab(GEX) 5-8pm Basketball (G) | 6 8-10am Beginner Pickleball(G) 10:15am-11am SS Stability(G) 11:30-2 Intermediate Pickleball (G) 2-5pm Basketball (G) 5-6pm Youth Futsal (G) 6-8pm Futsal(G) | 7 8-10am Men's Basketball(G1) 8-10am Basketball(G2) 10-12pm Badminton(G1) 10-12pm Basketball(G2) |
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