

# UPT Parks & Recreation Activity Guide



OCTOBER

## Oct. 1<sup>st</sup> – 29th (Wednesdays)

### Mahjong – 1pm

S

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

## Oct. 2nd – 23rd (Thursdays)

### Youth Pickleball – 5pm

C \$

Is your child interested in learning the game of Pickleball? If so, join Coach Tom as he teaches us the basics of this awesome game at the Community Center. **Please bring your own paddle!**



## Oct. 3rd

### Ghouls, Games, & Goodies – 5:30pm

C A S

Join us for a ghostly good time at the UPT Community Center on Oct. 3<sup>rd</sup>! We'll have Halloween themed games, dancing, and more! **Costumes welcome**. Please leave any weapon(s) at home. We hope to see us at our Community Center Open House. It's going to be "frightful" good time!

## Oct. 6<sup>th</sup> – 27th (Mondays)

### Hooks and Needles – 1pm

S A

Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques!

## UPT CC



484-391-2390



getuptcc@gmail.com



www.UPTREC.org



499 Hopwood rd.  
Collegeville



## COMMUNITY CENTER REGULAR HOURS

### OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

\*Regular hours begin Sept. 5th



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

### Program Registration Policy

Effective **August 1st**, all participants must register for all programs in advance. Check our website for steps to create an account and register for a program. If you need further assistance registering for a program, please stop by the front desk. Our staff would love to walk you through the process. We'll be able to assist you more quickly if you know your login information.

Registration is required to ensure:

- Proper planning
- Participation tracking
- Safety for all attendees

Contact us with questions.



## Oct. 6<sup>th</sup> – 27<sup>th</sup> (Mondays)

### Canasta – 1pm



Come play Canasta, a versatile and fun card game, with us!

## Sept. 30<sup>th</sup> – Oct. 21<sup>st</sup> (Tuesdays)

### Mini Music Movers: Music & Story – 9:30, 10:15, & 10:45am



Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class.

## Oct. 7<sup>th</sup> – 28<sup>th</sup> (Tuesdays)

### Pickleball Lessons: Beginners – 11:30am



Interested in learning the game of Pickleball? We have lessons for **beginners** on Tuesdays from 11:30 to 12:30pm. Free for Full Facility members.

## Oct. 7<sup>th</sup> – 28<sup>th</sup> (Tuesdays)

### Pickleball Lessons: Intermediate – 12:30pm



This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for **Intermediate** Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility members!

## QPR: Suicide Awareness

• Question • Persuade • Refer

Learn the skills to identify & help someone showing suicidal warning signs.

This program is free, but space is limited. Please register on our website, [uptrec.org](http://uptrec.org).

Thurs., Oct. 23rd  
6 - 8:30pm  
Ages 18+

Upper Providence Township  
Meeting Hall

\*UPT Administration building



Montgomery County  
Department of  
Health and Human Services



October 2025  
Open Gym & GEX Calendar





# OCTOBER

## Oct. 7<sup>th</sup> - 28<sup>th</sup> (Tuesdays) C S A \$

### Pickleball Lessons: Intermediate Plus - 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members!

## Oct. 7<sup>th</sup>

### Star Party with DVAA - 7:30pm

Join us for our upcoming Star Party with our friends from the DVAA. Learn about the moon and a variety of constellations. Clouds or rain will cancel this event. If you register for the 7<sup>th</sup>, you are automatically registered for the rain date on Oct. 8th. We hope you can join us! **One registration per group required!**


## Oct. 9th

### Story time with the UPT Police Dept.- 10am C

Join our friends from the UPT Police Department for a Story time at the UPT Community Center. At the end, we'll check out the police cars! Registration is required for this program.

## GEX Classes for OCTOBER

- SS Classic - Mondays @10:15am
- Quick 30 - Mondays/Thurs. @12:30pm
- Chair Yoga - Tuesdays @10:15am
- Tai Chi - Tuesdays @12:30pm
- Total Body Strength - Tuesdays @6pm
- Pilates - Tuesdays @7pm
- Senior Stretch - Wednesdays @10:15am
- Pilates - Thursdays @9:30am
- SS Boom - Thursdays @10:15am
- Mindfulness Yoga - Thursdays @4:30pm
- Total Body Strength - Thursdays @6pm
- SS Stability - Fridays @10:15am



### Youth Pickleball

Serve up fun and learn the fundamentals in this beginner-friendly pickleball class designed just for kids! Young players will be introduced to the basics of the game—including rules, scoring, proper grip, and court movement—through engaging drills and exciting mini-games. With a focus on teamwork, coordination, and good sportsmanship, this class is perfect for new players looking to build skills and confidence on the court. No experience needed—just bring your energy and a smile!

**\*\*Please bring your own paddle!\*\***

Thursdays - Oct. 2nd - 23rd      5-5:45pm      Ages 8-12      \$20/person



October 2025  
Programs & Events Calendar

Oct. 10th



**Art for Seniors: Mason Jar Lanterns – 11am**

Join us to make lanterns out of Mason Jars and fall leaves. Please register with us early to ensure we have enough supplies. We hope to see you on the 10<sup>th</sup>! **Please note, we will not host a project in November.**

Oct. 20th



**Kids' Day Out – 8:30am–4:30pm**

Kids off from school – need a sitter? No problem! Join us for a fun day at the Community Center. We'll play games, make crafts, and more. Registration is required.

Oct. 23rd



**QPR: Suicide Awareness– 6pm**

Join Officer Parkins as we learn all about the warning signs of suicide and how we can help those around us who may be struggling. Registration is required, but this program is free. **Please note, this program will be held at the UPT Administration Building located at 1286 Black Rock Road.**



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.





COMING SOON

November 2025

- Nov. 3rd & 4th                      UPT Community Center  
Gymnasium closed for Elections.  
Stay tuned for when the gym will  
close on Monday, Nov. 3rd.
- Nov. 4th                      Walk with a First Responder:  
UPT Fire Department at 10am  
at Anderson Farm Park.
- Nov. 21st – Dec. 13<sup>th</sup>                      Walking Wonderland Light  
Show with Arader Farm  
\*Character visit information  
coming soon!\*
- Nov. 24th & Nov. 25th                      Kids’ Day Out Camp at UPT  
Community Center
- Nov. 26th                      Glow Party at UPT Community  
Center
- Nov. 27th                      Gobble Wobble 5k with Spring  
Valley YMCA at Pope John Paul  
High School
- Nov. 27th                      UPT Community Center  
is CLOSED!
- Nov. 28th                      We’ll be open 8am to 2pm.  
Normal hours will resume on  
Saturday, 11/29.



**Radio City Christmas Spectacular**

**December 9th**

**\$170 per person**

**7:00am-8:00pm**  
\*Times are subject to change

Kick off the Holiday Season and see the Radio City Christmas Spectacular with the famous Rockettes! Seats will be in the orchestra section. Roundtrip Motorcoach and free time after the 11am show in NYC is also included.

**SCHEDULE CHANGES AT UPT COMMUNITY CENTER**

<b>NOV. 3RD-4TH</b>	<b>GYM CLOSED FOR ELECTIONS</b>
<b>NOV. 27TH</b>	<b>CLOSED</b>
<b>NOV. 28TH</b>	<b>HALF DAY (8AM – 2PM)</b>
<b>DEC. 24TH</b>	<b>8AM-12PM</b>
<b>DEC. 25TH</b>	<b>CLOSED</b>
<b>DEC. 31ST</b>	<b>8AM-12PM</b>
<b>JAN. 1ST</b>	<b>CLOSED</b>



UPT Parks and Rec Linktree

Page 5