




October 2025

Programs and Events 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEGEND: (G) – Gymnasium (S) – Silo (DH) – Dek Hockey Rink (SK) – Black Rock Skate Park (AMDIN) – UPT Administration Building P&R Website: www.uptrec.org BLUE – Programs GREEN – Special events/programs MAROON - GYM RENTAL Scan the QR code to register.	(GEX) – Group Exercise Room (MPG) – Multipurpose Room (AMP) – Amphitheater Field (TC) – Black Rock Tennis Courts		1 1-3pm Mahjong (GEX) 4:30-5:10pm Soccer Tots: Ages 2-3 (AMP) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:30-6:15pm Dance: Hip Hop (Ages 5-7) (MPG) 5:20-6pm MiniHawks Soccer: Ages 4-5 (AMP)	2 5-5:45pm Youth Pickleball (ages 8 to 12) (G2)	3 4:30-5:15pm Dance: Ballet/Jazz (Ages 3-5) (MPG) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG) 5:30-7pm Games, Ghouls, and Goodies Open House (CC) Gymnasium closed today from 4 to 8pm due to event.	4 8:30-9:30am Beginner Skateboarding with Ramp Up Skate (TC/SK) 10-11am Skate Club (SK)
5	6 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4:30-5:30pm Beginner Field Hockey (DH) 4:30-5:10pm GolfTots (AMP) 4:30-5:15pm Dance: ballet/jazz (Ages 5-7) (MPG) 5:15-6pm Dance: ballet/jazz (Ages 8-10) (MPG) 5:45-6:45pm Beginner Golf (AMP)	7 9:30-10am Mini Music Movers: Music & Story (MPG) 10:15-10:45am Mini Music Movers: Music & Story (MPG) 10:45-11:30am Mini Music Movers: Music & Story (MPG) 4:30-5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP) 7:30-9:30pm Star Party w/DVAA (AMP)	8 1-3pm Mahjong (GEX) 4:30-5:10pm Soccer Tots: Ages 2-3 (AMP) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:30-6:15pm Dance: Hip Hop (Ages 5-7) (MPG) 5:20-6pm MiniHawks Soccer: Ages 4-5 (AMP) 7:30-9:30pm RAINDATE: Star Party w/DVAA (AMP)	9 10-10:30am Story Time with UPT Police Department (MPG) 5-5:45pm Youth Pickleball (ages 8 to 12) (G2)	10 11am-12pm Art for Seniors (S) 4:30-5:15pm Dance: Ballet/Jazz (Ages 3-5) (MPG) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG)	11 8:30-9:30am Beginner Skateboarding with Ramp Up Skate (TC/SK) 9:30-10:10am DinoTots: Ages 1.5-3 (AMP) 10-11am Skate Club (SK) 10:20-11:00am DinoTots: Ages 4-6 (AMP)
12	13 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4:30-5:30pm Beginner Field Hockey (DH) 4:30-5:10pm GolfTots (AMP) 4:30-5:15pm Dance: ballet/jazz (Ages 5-7) (MPG) 5:15-6pm Dance: ballet/jazz (Ages 8-10) (MPG) 5:45-6:45pm Beginner Golf (AMP)	14 9:30-10am Mini Music Movers: Music & Story (MPG) 10:15-10:45am Mini Music Movers: Music & Story (MPG) 10:45-11:30am Mini Music Movers: Music & Story (MPG) 4:30-5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP)	15 1-3pm Mahjong (GEX) 4:30-5:10pm Soccer Tots: Ages 2-3 (AMP) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:30-6:15pm Dance: Hip Hop (Ages 5-7) (MPG) 5:20-6pm MiniHawks Soccer: Ages 4-5 (AMP)	16 5-5:45pm Youth Pickleball (ages 8 to 12) (G2)	17 4:30-5:15pm Dance: Ballet/Jazz (Ages 3-5) (MPG) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG)	18 8:30-9:30am Beginner Skateboarding with Ramp Up Skate (TC/SK) 9:30-10:10am DinoTots: Ages 1.5-3 (AMP) 10-11am Skate Club (SK) 10:20-11:00am DinoTots: Ages 4-6 (AMP)
19	20 8:30-4:30pm Kids' Day Out Camp (CC) 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4:30-5:30pm Beginner Field Hockey (DH) 4:30-5:10pm GolfTots (AMP) 4:30-5:15pm Dance: ballet/jazz (Ages 5-7) (MPG) 5:15-6pm Dance: ballet/jazz (Ages 8-10) (MPG) 5:45-6:45pm Beginner Golf (AMP)	21 9:30-10am Mini Music Movers: Music & Story (MPG) 10:15-10:45am Mini Music Movers: Music & Story (MPG) 10:45-11:30am Mini Music Movers: Music & Story (MPG) 4:30-5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP)	22 1-3pm Mahjong (GEX) 4:30-5:10pm Soccer Tots: Ages 2-3 (AMP) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:30-6:15pm Dance: Hip Hop (Ages 5-7) (MPG) 5:20-6pm MiniHawks Soccer: Ages 4-5 (AMP)	23 5-5:45pm Youth Pickleball (ages 8 to 12) (G2) 6-8:30pm QPR: Suicide Awareness Program (ADMIN)	24 4:30-5:15pm Dance Ballet/Jazz (Ages 3-5) (MPG) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG)	25 8:30-9:30am Beginner Skateboarding with Ramp Up Skate (TC/SK) 9:30-10:10am DinoTots: Ages 1.5-3 (AMP) 10-11am Skate Club (SK) 10:20-11:00am DinoTots: Ages 4-6 (AMP)
26	27 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4:30-5:15pm Dance: ballet/jazz (Ages 5-7) (MPG) 5:15-6pm Dance: ballet/jazz (Ages 8-10) (MPG)	28 9:30-10am Mini Music Movers: Music & Story (MPG) 10:15-10:45am Mini Music Movers: Music & Story (MPG) 10:45-11:30am Mini Music Movers: Music & Story (MPG)	29 1-3pm Mahjong (GEX) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:30-6:15pm Dance: Hip Hop (Ages 5-7) (MPG)	30	31 4:30-5:15pm Dance: Ballet/Jazz (Ages 3-5) (MPG) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG)	NOTES: -To avoid class disruptions, please arrive 5 minutes prior to the start of class. -10+ are welcome with a parent or guardian for open gym. 14+ may join all classes independently. -All classes/programs are subject to change. -Rock wall is open for all members during operating hours. -Open Gym Times subject to change.