UPT Parks & Recreation Activity Guide



Sept. 1st

The UPT Community Center is closed in observation of the holiday. We will reopen tomorrow for regular business hours.



Sept. 2nd - 23rd (Tuesdays)
Mini Music Movers: Music & Story - 9:30,
10:15, & 10:45am

Come along with your little ones to listen to their favorite children's stories and songs. Caregivers are required to stay and interact with those enrolled in the class.

Sept. 2nd - 30th (Tuesdays) (5) (A) (5)

Pickleball Lessons: Beginners - 11:30am
Interested in learning the game of
Pickleball? We have lessons for beginners
on Tuesdays from 11:30 to 12:30pm. Free for
Full Facility members. No lessons on Sept.
23rd.

Sept. 2nd - 30th (Tuesdays) S A Pickleball Lessons: Intermediate - 12:30pm
This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for Intermediate Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility





484-391-2390



getuptcc@gmail.com



www.UPTREC.org



499 Hopwood rd. Collegeville





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members! No lessons on Sept. 23rd.



Program Registration Policy

Effective **August 1st,** <u>all</u> participants must register for <u>all</u> programs in advance. Check our website for steps to create an account and register for a program. If you need further assistance registering for a program, please stop by the front desk. Our staff would love to walk you through the process. We'll be able to assist you more quickly if you know your login information.

Registration is required to ensure:

- · Proper planning
- · Participation tracking
- · Safety for all attendees

Contact us with questions.



Medicare Seminar Learn: How Medicare Works How to pick the right Part "D" prescription card The differences between Medicare supplements Where: UPT Community Center 499 Hopwood Road, Collegeville, PA 19426 When: Tuesday, Sept. 16th 6:00-7:30pm Presented by: Steve Perlman, DelVal Senior Advisors, Independent Medicare Planning Specialist Pre-registration is required. Register at uptrec.org



September 2025 Open Gym & GEX Calendar

Sept. 2nd - 30th (Tuesdays)







Pickleball Lessons: Intermediate Plus - 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members! *No lessons on Sept. 23rd*.

Sept. 3rd - 24th (Wednesdays) S Mahjong - 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members! Please note, location of Mahjong may change because of camp.

Sept. 3rd - Nov. 21st (Wednesdays) Dance - 4:30pm, 5:30pm, & 6:30pm

Join us as we start our 12 week dance program at the Community Center. Dancers will learn a dance or two during classes and perform on Friday, Nov. 21st. Class is \$115 per participant (which includes the costume). The only extra that needs to be purchased is a pair of ballet slippers & we recommend you buy them off of Amazon for roughly \$15 (depending on size). If you have old shoes that you are no longer using and would like to donate them to the center, that would be greatly appreciated. Please drop them off at the center during regular business hours. Rehearsal will be on Wed., Nov 19th and show on Fri., Nov. 21st.

Sept. 4th - 25th (Thursdays) Youth Pickleball - 5pm

Is your child interested in learning the game of Pickleball? If so, join Coach Tom as he teaches us the basics of this awesome game at the Community Center. Please bring your own paddle!

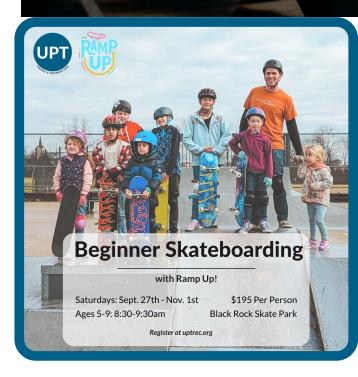


Dance - 4:30pm & 5:30pm

Join us as we start our 12 week dance program at the Community Center. Dancers will learn a dance or two during classes and perform on Friday, Nov. 21st. Class is \$115 per participant (which includes the costume). Dancers will need a pair of ballet slippers & we recommend you buy them off of Amazon for roughly \$15 (depending on size). If you have old shoes that you are no longer using and would like to donate them to the center, that would be greatly appreciated. Please drop them off at the center during regular business hours. Rehearsal will be on Wed., Nov 19th and show on Fri., Nov. 21st.

GEX Classes for SEPTEMBER

- SS Classic Mondays @10:15am
- Quick 30 Mondays/Thurs. @12:30pm
- Chair Yoga Tuesdays @10:15am
- Tai Chi Tuesdays @12:30pm
- Total Body Strength Tuesdays @6pm
- Pilates Tuesdays @7pm
- Senior Stretch Wednesdays @10:15am
- Pilates Thursdays @9:30am
- SS Boom Thursdays @10:15am
- Mindfulness Yoga Thursdays @4:30pm
- Total Body Strength Thursdays @6pm
 - SS Stability Fridays @10:15am



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Sept. 6th - 27th (Saturdays) DinoTots - 9:30am & 10:20am



Get ready to stomp, roar, and explore with DinoTots! This exciting class is designed for little explorers to develop fundamental motor and athletic skills through fun, non-sport-specific games. Each child will wear a dinosaur mask and tail, bringing their prehistoric adventures to life as they run, jump, and play in a dynamic, imagination-fueled environment. Parent participation required for ages 1.5 to 3. This program is held at Anderson Farm Park in the amphitheater field.

Sept. 8th - 29th(Mondays) Canasta - 1pm





Come play Canasta, a versatile and fun card game, with us! This program is FREE for Community Center members!

Sept. 8th- Nov. 21st (Mondays)







Join us as we start our 12 week dance program at the Community Center. Dancers will learn a dance or two during classes and perform on Friday, Nov. 21st. Class is \$115 per participant (which includes the costume). The only extra that needs to be purchased is a pair of ballet slippers & we recommend you buy them off of Amazon for roughly \$15 (depending on size). If you have old shoes that you are no longer using and would like to donate them to the center, that would be greatly appreciated. Please drop them off at the center during regular business hours. Rehearsal will be on Wed., Nov 19th and show on Fri., Nov. 21st.

Senior Programs

UPT Parks & Recreation Office 1286 Black Rock Road, Phoenixville, Pa 19460



Sept. 8th - 29th (Mondays) Hooks and Needles - 1pm

Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new

techniques! This program is FREE for **Community Center members!**



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Art for Seniors: Pour Painting Ghosts & Pumpkin - 11am

We're gearing up for spooky season with a fan favorite! We're pour painting ceramic ghosts! Each participant will make 2 ghosts and I pumpkin. These will look great next to your pumpkins and/or skulls from previous years. Please register with us early to ensure we have enough supplies. We hope to see you on the 12th!

Sept. 12th

Walk with a First Responder: Police-

Join our friends from the UPT Police Department for a leisure walk around Black Rock Park. During this walk, participants will have the opportunity to interact with our officers. There may even be a sweet treat at the end for participants. Registration is required for this program.







September 2025 **Programs & Events Calendar**

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Program Cancellation and Refund Policy

Upper Providence Township reserves the right to cancel any program, trip or activity due to insufficient registration, inclement weather or any reasonable cause; in this case a full refund will be issued.

No refunds will be issued for cancellations unless requests are made in writing prior to 14 days of the start of a program. All refunds are subject to a 15% processing fee. No refunds or credits will be issued for cancellation of bus trips, or cancellations made after the start of a program. There is a \$25.00 fee for all returned checks.





Sept. 16th

Medicare Seminar - 6pm





Have questions about Medicare? Come see Steve Perlman at the Community Center on Tuesday, Sept. 16th. This is a free program, but registration is required.

Sept. 20th **UPT Fall Fest - 12pm**







We are excited for our upcoming UPT Fall Festival at Black Rock Park on Sept. 20th! Grab your family & friends & enjoy a day at the park. There's something for everyone! We will have music, inflatables, escape rooms, a beer garden, face painting, and more for your enjoyment. If you are a vendor and interested in joining us in the vendor expo, please visit our website to reserve your spot today! Stay tuned for more details!



UPT Parks & Recreation Office 1286 Black Rock Road, Phoenixville, Pa 19460





School's Out Camp with Skyhawks Sports - 9am-4pm





Ramp Up Skate is coming back to UPT! They will be hosting a beginner class at Black Rock Park. Helmets are required for this program! Other safety gear encouraged. Please note, the first 3 weeks of the class will take place in the parking lot near the tennis courts learning the basics and then the program will "graduate" to the skate park for the last 3 weeks of the class. See website for more information.





Walk with a Cop

Friday, Sept 12th at 6pm **Black Rock Park**



<mark>OPR: Sui</mark>cide Awareness

Question ● Persuade ● Refer

Learn the skills to identify & help someone showing suicidal warning signs. This program is free, but space is limited. Please register on our website, uptrec.org.

Thurs., Oct. 23rd 6 - 8:30pm Ages 18+

Montgomery County Health and Human Services

Upper Providence Township Meeting Hall

*UPT Administration building





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SCHOOL'S OUT CAMP

When school is out, we're in! Skyhawks Sports Academy will offer a multi-sport program that is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect, sportsmanship, attitude, and teamwork.

Tues., Sept. 23rd 9:00am to 4pm Anderson Farm Park Ages 6-12 years \$95 per child

Register at uptrec.org





Radio City Christmas Spectacular

December 9th \$170 per person

7:00am-8:00pm
*Times are subject to change

Kick off the Holiday Season and see the Radio City Christmas Spectacular with the famous Rockettes! Seats will be in the orchestra section. Roundtrip Motorcoach and free time after the 11am show in NYC is also included.

Sept. 28th -Nov. 16th (Saturdays) Skate Club - 10am

We are excited to be working with Ramp Up Skate to bring a Skate Club to UPT! This is designed for kids who have already taken a class with Ramp Up Skate. Please visit our website for more information.

COMING SOON

Oct. 7th Star Party with DVAA

Oct. 9th Story time with the UPT

Police Department

Oct. QPR: Suicide Awareness with

23rd UPT Police Department

Nov. 3rd & UPT Community Center

4th Gymnasium closed for

Elections. Stay tuned for when the gym will close on Monday,

Nov. 3rd.

Nov. 4th Walk with a First Responder:

UPT Fire Department at 10am

at Anderson Farm Park.

Nov. 21st - Dec. 13th Walking Wonderland Light

Show with Arader Farm

Dec. 2nd Pictures with Santa at the UPT

Firehouse