

UPT Parks & Recreation Activity Guide



AUGUST

Aug. 1st

Art for Seniors- 11am

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We'll be creating one of a kind Seashell Trinket Trays this month. These will make great gifts or decorations! We hope you will join us in the Silo for this fun project. Please register with us early to ensure we have enough supplies.

Aug. 4th - 25th (Mondays)

Hooks and Needles - 1pm

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Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques! This program is FREE for Community Center members! Please note, location of Hooks & Needles may change due to camp.

Aug. 4th - 25th (Mondays)

Canasta - 1pm

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Come play Canasta, a versatile and fun card game, with us! This program is FREE for Community Center members! Please note, location of Canasta may change due to camp.

Aug. 5th-26th (Tuesdays)

Pickleball Lessons: Beginners - 11:30am

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Interested in learning the game of Pickleball? We have lessons for **beginners** on Tuesdays from 11:30 to 12:30pm. Free for Full Facility members.

UPT Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



COMMUNITY CENTER SUMMER HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
*FRI	8:00am - 4:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

*Summer hours begin June 6th

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Children's Programs

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Adults Programs

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Senior Programs

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Programs have registration fees.

Program Registration Policy

Effective **August 1st**, all participants must register for all programs in advance. Check our website for steps to create an account and register for a program. If you need further assistance registering for a program, please stop by the front desk. Our staff would love to walk you through the process. We'll be able to assist you more quickly if you know your login information.

Registration is required to ensure:

- Proper planning
- Participation tracking
- Safety for all attendees

Contact us with questions.



NEW
DATE!



UP! MUSIC FEST
ANDERSON FARM PARK
AUG. 16TH, 2025



August 2025
Open Gym & GEX Calendar

Aug. 5th-26th(Tuesdays)



Pickleball Lessons: Intermediate - 12:30pm

This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for **Intermediate** Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility members!

Aug. 5th-26th(Tuesdays)



Pickleball Lessons: Intermediate Plus - 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members!

Aug. 6th



New York On Your Own/Lion King - 7am

We have **LIMITED TICKETS AVAILABLE** for Lion King on Broadway at this time. We do have plenty of space on the bus though if you would like to spend the day on your own exploring the Big Apple! There are plenty of places to visit with friends & family! Register today on our website.



Aug. 6th - 27th (Wednesdays) S Mahjong - 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members! Please note, location of Mahjong may change because of camp.

Aug. 13th C A Music in the Parks: Family Stages: Robin Hood- 6pm

Join Family Stages for their rendition of Robin Hood! Don't forget your chair/blanket and friends! We'll see you at Anderson Farm Park. Kona will be on hand selling delicious treats. If we have rainy weather, this program will be moved inside to the Community Center Gymnasium.

Aug. 16th C A S \$ UP! Music Fest - 1pm

Join us on Saturday, Aug. 16th for a family-friendly music festival at Anderson Farm Park! Convenient parking, food trucks, beer vendor, bounce houses, and more. Bring blankets or chairs to enjoy the show. We welcome dogs on leashes. Please leave pop-up tents and umbrellas at home for everyone's safety. We hope you can join us for this fun filled day at the park! See the last page of our Activity Guide for more information.

GEX Classes for AUGUST

- SS Classic - Mondays @10:15am
- Quick 30- Mondays/Thurs. @12:30pm
- Chair Yoga- Tuesdays @10:15am
- Qigong- Tuesdays @12:30pm
- Total Body Strength - Tuesdays @6pm
- Pilates - Tuesdays @7pm
- Senior Stretch - Wednesdays @10:15am
- Pilates - Thursdays @9:30am
- SS Cardio - Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Zumba- Fridays @9:15am
- SS Stability - Fridays @10:15am



**Summer Discount
Tickets are here!**

- Dutch Wonderland
- Knoebels
- Morey's Pier
- Adventure Aquarium

 Contact the Community Center (484-391-2390) for availability.





Vendor Registration Now Open @ www.UPTREC.com



MUSIC IN THE PARK

UPT

LINE UP:

23-Jul Two of a Kind 6pm

13-Aug Theatre- Robin Hood 6pm

27-Aug Swiftie & the Midnights! 6pm

Food Truck, lawn games and more!

*All Concerts are held at Anderson Farm Park.

Don't forget your chair or blanket to enjoy the evening.

Concerts in yellow will be held in the Community Center if inclement weather

Please note, we
will host Qigong
on
August 5th & 19th.



Aug. 21st

Summer Sendoff - 5:30pm



It's crazy to think, but summer is almost over. We're wrapping up summer with this sendoff event for kids. We'll play games, make friendship bracelets, watch a movie, and enjoy delicious popsicles! This drop off program is for children ages 6 to 10 years old. Registration is required. Please visit our website to reserve your child's spot today!

Aug. 25th - Sept 22nd (Mondays)

Golf Tots- 4:30pm



Join us for a unique golfing experience inspired by Payne Stewart Golf Experiences. Our programs offer expert instruction in putting, chipping, pitching, and full swings, ideal for young athletes eager to master golf. Start a rewarding journey in the world of golf with us! Parent participation is required. **No Class on Monday, Sept. 1st due to Labor Day.**

Aug. 25th - Sept 22nd (Mondays)

Beginner Golf - 5:20pm



Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Stop by uptrec.org to register. **No Class on Monday, Sept. 1st due to Labor Day.**



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



Aug. 25th – Sept. 22nd (Mondays)

Beginner Field Hockey – 5pm



Join Skyhawks for an exciting introduction to Field Hockey, a sport with a global appeal! Our fun, inclusive program, developed with USA Field Hockey, teaches basics like stick-handling and passing in a game-based environment. Perfect for boys and girls, this program is your child's gateway to a new sport. Each participant receives a free stick, Go Ball and online training with LEAP Hockey. Let's discover Field Hockey together! **No Class on Monday, Sept. 1st due to Labor Day.**

Aug. 26th – Sept. 16 (Tuesdays)

Baseball Tots- 4:30pm & 5:20pm



Baseball Tots, ideal for kids aged 1.5 to 5, focus on developing motor skills & baseball basics like throwing, catching, hitting & running. Baseball Tots fosters a love for baseball from the start! Parent participation is required for ages 1.5 to 3.

Aug. 27th – Sept. 17th (Wednesdays)

Soccer Tots- 4:30pm



Kick start your toddler's sports journey with Soccer Tots, a dynamic introduction to soccer for young athletes. Our program enhances motor skills and self-confidence for ages 18 months to 3 years old with engaging activities and parent involvement. This program will be held on Wednesday afternoons at Anderson Farm Park.

SAVE THE DATE!
WALKING WONDERLAND
Light Show

November 21st through December 13th *
*subject to change

Arader Farm Thursday, Friday, Saturdays 5 to 8pm

NYC BROADWAY BUS TRIP

Enjoy an unforgettable day trip to New York City! Explore the city On Your Own or check out Lion King on Broadway! We will be visiting NYC on Wed., Aug. 6th.

→ \$265/PERSON BUS & SHOW
→ \$85/PERSON BUS ONLY

LIMITED TICKETS AVAILABLE FOR LION KING! RESERVE YOUR SPOT TODAY!

EXPERIENCE THE CIRCLE OF LIFE – THE LION KING ON BROADWAY.

SIGN UP TODAY!
WWW.UPTREC.ORG



August 2025 Programs & Events Calendar



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



Program Cancellation and Refund Policy

Upper Providence Township reserves the right to cancel any program, trip or activity due to insufficient registration, inclement weather or any reasonable cause; in this case a full refund will be issued.

No refunds will be issued for cancellations unless requests are made in writing prior to 14 days of the start of a program. All refunds are subject to a 15% processing fee. No refunds or credits will be issued for cancellation of bus trips, or cancellations made after the start of a program. There is a \$25.00 fee for all returned checks.



COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

**Regular hours begin Sept. 5th*

***Hours Change at the UPTCC for the fall/winter. We will stay open until 8pm on Fridays as of Sept. 5th.**

Aug. 27th – Sept. 17th (Wednesdays) **MiniHawks Soccer – 5:20pm**



Kick start your child's soccer journey with MiniHawks Soccer! This program for ages 4 to 6 boosts young athletes' confidence by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing abilities while instilling teamwork and sportsmanship. Your child will improve their soccer skills and embrace the game's spirit. Join us to grow and score! This program will be held on Wednesday evenings at Anderson Farm Park.

Aug. 27th **Music in the Park: Swiftie & the Midnights – 6pm**



Swiftie & the Midnights are coming back to Anderson Farm Park! Grab your friends & family & join us for a fun filled night of Taylor Swift music. Don't forget your chair/blanket! We'll see you at Anderson Farm Park. Kona will be on hand selling delicious ice cream.

COMING SOON

Sept. 6th	DinoTots returns for the fall with Skyhawks Sports!
Sept. 8th	Dance Programs begin
Sept. 12th	Walk with a First Responder: UPT Police Dept. at Black Rock Park
Sept. 16th	Medicare Seminar with DelVal Seniors Advisors
Sept. 20th	UPT Fall Fest* *Don't miss out on being a vendor at our upcoming UPT Fall Fest. Vendor Registration closes on August 15 th . Register by visiting our website today!
Sept. 23rd	Skyhawks Sports Camp: Day off from school *More information coming soon!



UP! Music Fest 2025 - Aug. 16th

As many of you know, we had originally planned UP! Music Fest for May 3rd. Mother nature had other plans so we postponed this awesome concert until August 16th. We hope you can join us on our new date for this family-friendly music festival at Anderson Farm Park! We will have convenient parking, food trucks, a beer vendor, bounce houses, and more. Bring blankets or chairs to enjoy the show, but please leave pop up tents and umbrellas at home for everyone's safety. We welcome dogs on leashes. It's going to be a great day to hang out with family & friends in the park. We can't wait to see every and spend the day together. We have an awesome line up for you this year:

2025 Lineup:

John Mullin 1pm-1:30pm
George's Music Spring City Students 1:45pm-2:15pm
Calvin C-Sharp Pressley 2:30pm-3pm
Love Jones 3:15pm-4pm
Kevin Jackson 4:15pm-4:45pm
Tim Williams Band 5pm-6:15pm
John Valerio 6:30pm-7:15pm
The 29ers 7:30pm-8:30pm

Admission is free for this event, but there are fees for beer and food. We encourage spectators to bring cash for these purchases. A special thank you to Tim Williams for his help with UP! Music Fest. This event is weather dependent. Fingers crossed things work out for us this time around. For more information check out UP! Music Fest on Facebook or our website (uptrec.org).

MUSIC FEST

