

UPT Parks & Recreation Activity Guide



JULY

July 1st- 29th (Tuesdays)



Pickleball Lessons: Beginners - 11:30am

Interested in learning the game of Pickleball? We have lessons for **beginners** on Tuesdays from 11:30 to 12:30pm. Free for Full Facility members.

July 1st- 29th (Tuesdays)



Pickleball Lessons: Intermediate - 12:30pm

This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for **Intermediate** Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility members!

July 1st - 29th (Tuesdays)



Pickleball Lessons: Intermediate Plus - 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members!

UPT Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



COMMUNITY CENTER SUMMER HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
*FRI	8:00am - 4:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

*Summer hours begin June 6th



Adult Kickboxing

Come out and learn something new! Join Coach Brittany as she teaches us the basics of Kickboxing during our free pop ups. Register at uptrec.org today!

July 10th - 6-6:45pm
July 24th - 6-6:45pm

Ages 18+
Free



MUSIC IN THE PARK Bubble Dance Party

July 9, 2025 | 6 PM

UPT Anderson Farm Park Amphitheater

Soundscape Entertainment comes to UPT for a night of bubbles, dancing and good old fashion fun!



July 2025
Open Gym & GEX Calendar

July 2nd - 30th (Wednesdays) Mahjong - 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members! Please note, location of Mahjong may change because of camp.

July 4th

The UPT Community Center is closed today in observation of the holiday. We hope you have a wonderful Independence day with your family & friends. We will reopen on Saturday, July 5th, for regular hours.



July 7th - 11th

Ramp Up Skate Camp - 9am-12pm

Ramp Up Skate will be back for another week of camp at *Black Rock Skate Park*. Skateboarders of all ability levels are welcome to join us. Limited space available for this week of camp. Visit uptrec.org to register today! This camp is for children 5 to 10 years old. ***Helmets are required!**

July 7th - 11th; July 14th - 18th; July 28th - Aug. 1st

Preschool Camps Weeks 2, 3, and 4 - 9am-12pm

Join us for a fun filled week of crafts, games, and more at Preschool Camp with Ms. Kendra! This half day camp is geared for children ages 3 to 6. Spaces are limited in the 5 weeks of Preschool Camp this summer. Reserve your spot today at uptrec.org!



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



July 7th - 28th (Mondays)

Hooks and Needles - 1pm



Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques! This program is FREE for Community Center members! Please note, location of Hooks & Needles may change due to camp.

July 7th - 28th (Mondays)

Canasta - 1pm



Come play the game of Canasta with us! This program is FREE for Community Center members! Please note, location of Canasta may change due to camp.

July 7th - 28th (Mondays)

Golf Tots- 4:55pm



Join us for a unique golfing experience inspired by Payne Stewart Golf Experiences. Our programs offer expert instruction in putting, chipping, pitching, and full swings, ideal for young athletes eager to master golf. Start a rewarding journey in the world of golf with us! Parent participation is required.

GEX Classes for July

- SS Classic - Mondays @10:15am
- Quick 30- Mondays/Thurs. @12:30pm
- Chair Yoga- Tuesdays @10:15am
- Qigong- Tuesdays @12:30pm
- Total Body Strength - Tuesdays @6pm
- Pilates - Tuesdays @7pm
- Senior Stretch - Wednesdays @10:15am
- Pilates - Thursdays @9:30am
- SS Cardio - Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Zumba- Fridays @9:15am
- Strength & Stability - Fridays @10:15am



Summer Discount Tickets are here!

- Dutch Wonderland
- Knoebels
- Morey's Pier

 Contact the Community Center (484-391-2390) for availability.



Vendor Registration Now Open @ www.UPTREC.com



MUSIC IN THE PARK

UPT

LINE UP:

- 14-May PV High School Jazz Band 6:30pm
- 22-May SF High School Orchestra 5pm
- 28-May Jeffrey Gaines 6:30pm
- 18-Jun YoYo 6pm
- 9-Jul Bubble Dance Party 6pm
- 23-Jul Two of a Kind 6pm
- 13-Aug Theatre- Robin Hood 6pm
- 27-Aug Swiftie & the Midnights! 6pm

*All Concerts are held at Anderson Farm Park.
 Don't forget your chair or blanket to enjoy the evening.

July 7th – 28th (Mondays)



Beginner Golf – 5:45pm

Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Stop by uptrec.org to register.

July 8th – 29th (Tuesdays)



Baseball Tots– 4:30pm & 5:20pm

Baseball Tots, ideal for kids aged 2 to 5, focus on developing motor skills & baseball basics like throwing, catching, hitting & running. Baseball Tots fosters a love for baseball from the start! Parent participation is required for ages 2 to 3.

July 9th



Music in the Parks: Bubble Dance Party with DJ- 6pm

Come join us for a fun Bubble Dance Party with DJ Scott! It's going to be a great time. Grab your friends & meet us at Anderson Farm Park. Kona Ice will be on hand selling delicious treats!

July 10th & 24th (Thursdays)



Adult Kickboxing Pop Ups– 6pm

Join Brittany for a fun workout! She'll be showing us the basics of Kickboxing. Please register for these programs ahead of time by visiting our website (uptrec.org).



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



July 11th



Walk with a First Responder: Police- 9am

Join the UPT Police Department for a leisure walk around *Anderson Farm Park*! This is a great opportunity to ask our officers any questions you have about their daily functions. Registration is encouraged.

July 11th



Art for Seniors- 11am

We'll be making Wildflower pressed frame wall hangings with Like a Mustard Seed Farm. The wildflowers used in this project will come directly from the farm. Registration required and will close JUNE 30th!

July 12th - Aug. 2nd (Saturdays)



MultiSport Tots- 9:30am

Join us for MultiSport Tots at Anderson Farm Park. This program offers a variety of sports through fun, age appropriate activities enhancing balance, coordination, and fitness. Parent participation is required for all participants.



Firefighter Story Time

July 22nd
9am

FREE

Black Rock Park
*near large playground



NYC BROADWAY BUS TRIP

Enjoy an unforgettable day trip to New York City! Explore the city On Your Own or check out Lion King on Broadway! We will be visiting NYC on Wed., Aug. 6th.

→ \$265/PERSON BUS & SHOW
\$85/PERSON BUS ONLY



EXPERIENCE THE CIRCLE OF LIFE - THE LION KING ON BROADWAY.

SIGN UP TODAY!
WWW.UPTREC.ORG





Program Cancellation and Refund Policy

Upper Providence Township reserves the right to cancel any program, trip or activity due to insufficient registration, inclement weather or any reasonable cause; in this case a full refund will be issued.

No refunds will be issued for cancellations unless requests are made in writing prior to 14 days of the start of a program. All refunds are subject to a 15% processing fee. No refunds or credits will be issued for cancellation of bus trips, or cancellations made after the start of a program. There is a \$25.00 fee for all returned checks.



NEW
DATE!



UP! MUSIC FEST
ANDERSON FARM PARK
AUG. 16TH, 2025

July 12th – Aug. 2nd (Saturdays)

C

\$

MiniHawks MultiSport – 10:20am

Embark on an adventure with Mini-Hawk, a multi-sport program for children aged 4 to 6. It offers a fun, structured environment to explore various sports, enhancing balance and coordination. Participants will improve athletically while learning sportsmanship and teamwork.

July 21st–25th

C

\$

Shining Knights Chess Camp – 9am–12pm

Whether you are new to the game, are learning to push pawns for the first time, or have played in numerous tournaments and want to sharpen your skills, come to Shining Knights Chess Camp! We hope you will join us and learn how to play chess or play better chess! Chess Camp is held at the Community Center for children ages 6 – 12. Campers receive a tournament-style chess set and Shining Knights T-shirt.

July 22nd

C

Story time with UPT Fire Depart. – 9am

Our friends from UPT Fire Department will be on hand at **Black Rock Park** to read us a story or two. We will meet in the closed parking lot near the large playground. Afterwards we can check out the truck and all the equipment afterwards. This is geared towards 3–6 year olds, but all are welcome.

Registration is required!

****Please note, the Fire Department is actively on duty and may be late due to an emergency in the Township. We appreciate your patience while our First Responders help our residents in their time of need. They will arrive at the Park for Story time as soon as possible. Thank you.***



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



July 23rd



Music in the Parks: Two of a Kind – 6pm

Join us for a wonderful evening of music and dancing with Two of a Kind! Don't forget your chair/blanket and friends! We'll see you at Anderson Farm Park. Handel's will be on hand selling delicious ice cream.

July 27th



Summer Fest with Valley Forge Baptist – 5pm

We hope you can stop by and say hi to the UPT Police, Fire, and Parks and Rec while we are hosting a table at Summer Fest at Valley Forge Baptist. Parking (and shuttles) will be available at Black Rock Park. There will be vendors, games, and fireworks!



Walk with a Cop
Friday, July 11th at 9am
Anderson Farm Park



SAVE THE DATE!
WALKING WONDERLAND
Light Show
November 21st through December 13th *
*subject to change
Arader Farm Thursday, Friday, Saturdays 5 to 8pm

COMING SOON

- Aug. 6th Lion King/New York On Your Own Bus Trip
- Aug. 13th Music in the Park: Family Stages presents Robin Hood
- Aug. 16th UP! Music Fest
- Aug. 27th Music in the Park: Swiftie & the Midnights
- Sept. 20th UPT Fall Fest

