

UPT Parks & Recreation Activity Guide



MAY

April 29th – May 20th (Tuesdays)

Mini Music Movers: Music & Story – 9:30 & 10:30am

Come along with your little ones to listen to their favorite children's stories and songs. Little ones will be able to explore instruments and props with Ms. Kendra during class. Caregivers are required to stay and interact with those enrolled in the class.

Please note, the next session of Mini Music Movers will start on Tuesday, May 27th and run through June 17th. Class on June 10th & June 17th will be held in either the Silo or the Amphitheater due to camp.



May 3rd

UPT Community Center is closed today. We hope you will come out and join us for UP! Music Fest from 1 to 8:30pm. It's going to be a great day! We'll see you for regular business hours on Monday, May 5th.



UPT Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

**Regular hours begin Sept. 6th*



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

QPR: Suicide Awareness

• Question • Persuade • Refer

Learn the skills to identify & help someone showing suicidal warning signs. This program is free, but space is limited. Please register on our website, uptrec.org.

Thurs., May 15th
 6 - 8:30pm
 Ages 18+

Upper Providence Township
 Meeting Hall
 *UPT Administration building

SKATEBOARD CAMP

UPT



JOIN US FOR A WEEK-LONG, HALF-DAY SUMMER CAMP WHERE KIDS CAN LEARN THE BASICS OF SKATEBOARDING IN A FUN, SAFE, AND SUPPORTIVE ENVIRONMENT. ALL SKILL LEVELS WELCOME. RAMP UP'S CERTIFIED INSTRUCTORS ARE HERE TO GUIDE THEM EVERY STEP OF THE WAY.

JUNE 9TH-JUNE 13TH
 BLACK ROCK SKATE PARK

JULY 7TH-JULY 11TH
 AGES 5-10

\$250 PER CAMPER
 9AM TO 12PM



REGISTER AT: UPTREC.ORG



May 2025
Open Gym & GEX Calendar

May 3rd

UP! Music Fest - 1pm

Join us on Saturday, May 3rd for a family-friendly music festival at Anderson Farm Park! Convenient parking, food trucks, beer vendor, bounce houses, and more. Bring blankets or chairs to enjoy the show. We welcome dogs on leashes. It's going to be a great day to hang out with family & friends in the park. We have an awesome line up for you this year:

Full Line-up:

- John Mullin 1pm
- George's Music Spring City Students 1:45pm
- Vinyl Roots 2:30pm
- Love Jones 3:15pm
- The 29ers 4:15pm
- John Valerio 5:15pm
- Tim Williams Band 6:15pm
- Jeffrey Gaines 7:15pm

Admission is free for this event, but there is a cost for beer and food. We encourage spectators to bring cash for these purchases. A special thank you to Tim Williams for his help with UP! Music Fest. This event is weather dependent. For more information check out UP! Music Fest on Facebook or our website.



May 5th - 19th (Mondays)

Hooks and Needles - 1pm

Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques! This program is FREE for Community Center members! **Center closed on Monday, May 26th.**



May 5th - 19th (Mondays)

Canasta - 1pm

Come play the game of Canasta with us! This program is FREE for Community Center members! **Center closed on Monday, May 26th.**



May 6th - 27th (Tuesdays)

Pickleball Lessons: Beginners - 11:30am

Interested in learning the game of Pickleball? We have lessons for **beginners** on Tuesdays from 11:30 to 12:30pm. Free for Full Facility members.



May 6th - 27th (Tuesdays)

Pickleball Lessons: Intermediate - 12:30pm

This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for **Intermediate** Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for Full Facility members!



GEX Classes for May

- SS Classic - Mondays @10:15am
- Quick 30- Mondays/Thurs. @12:30pm
- Chair Yoga- Tuesdays @10:15am
- Qigong- Tuesdays @12:30pm
- Total Body Strength - Tuesdays @6pm
- Pilates - Tuesdays @7pm
- Senior Stretch - Wednesdays @10:15am
- Pilates - Thursdays @9:30am
- SS Cardio - Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Zumba- Fridays @8:40am
- *Strength & Stability - Fridays @10:15am
*5/2; 5/16; 5/30 only



MAY



COMMUNITY CENTER SUMMER HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
*FRI	8:00am - 4:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

*Summer hours begin June 6th

**FILL YOUR SUMMER
WITH FUN
AT CAMP BLACK ROCK!**



Registration is open!
 Visit uptrec.org to register

May 6th – 27th (Tuesdays)



Pickleball Lessons: Intermediate Plus – 1:30pm

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for Full Facility members!

May 7th – 28th (Wednesdays)



Mahjong – 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

May 7th

Pizza with a First Responder – 5pm

Join our First Responders for pizza under the pavilion. This is a great opportunity to ask our officers and firefighters any questions you have about their daily functions. Registration is required.



May 8th & 22nd (Thursdays)

Adult Kickboxing Pop Ups– 6pm

Join Brittany for a fun workout! She'll be showing us the basics of Kickboxing. Please register for these programs ahead of time by visiting our website (uptrec.org).





May 9th

Art for Seniors- 11am

We will be making Pour Paint Vases for your enjoyment. We know they will look awesome with flowers in them. Please register on our website due to necessary supplies.

S

May 9th & 10th

The Gymnasium MAY be closed for Dance rehearsal and recital. We encourage you to call the center before coming over for open gym to check it's availability. If the weather is poor, the rehearsal & recital will take place inside the gymnasium.

May 9th - 5-8pm

May 10th - Gym closed all day.



May 10th

Providence Town Center Block Party - 1pm

Join us at the Providence Town Center for their yearly Block Party. Parks and Rec, UPT Fire & Emergency Services, and UPT Police will be on hand. Come out and explore the fire truck and police motorcycle. We'll also have fun giveaways and games to play at our table. It's going to be a great time. Several shops will also be there with tables and giveaways. We hope to see you there between 1 and 3pm. This event takes place in the Plaza located behind Old Navy and Red Robin.

PIZZA WITH A FIRST RESPONDER

Grab your friends and enjoy a slice of pizza with our first responders. Our officers, firefighters, and Emergency Management Coordinator will be at Black Rock Park from 5 to 7pm. This is a great opportunity to ask questions, meet our first responders, and check out their vehicles.

Black Rock Park - Pavilion 2
1286 Black Rock Road - Phoenixville, PA 19460

REGISTRATION is required for this program. Stop by uptrec.org to register today!

DRIVE - THRU

Shredding Event

Saturday, May 17, 2025
9:00am to 12:00pm
Black Rock Park
1286 Black Rock Road, Phoenixville, PA 19460



Registration opens
Monday
March 3rd

UPT Community Center
499 Hopwood Road

UPT Specialty CAMPS

For more information and to register:
www.uptrec.org
 Call Us 610-933-9179

Bricks 4 Kidz
Shining Knights Theater

Register at uptrec.org

Flag Football

Dive into the excitement with Skyhawks Flag Football! This program teaches passing, receiving, kicking, and flag pulling, all while emphasizing heart and spirit. Participants gain confidence and learn life lessons like teamwork and leadership in a fun, supportive environment. Suit up and join us for a game where everyone wins!

Boys		Girls	
Ages: 6-8	4:30-5:30pm	Ages: 6-8	4:30-5:30pm
Ages: 9-12	5:40-6:40pm	Ages: 9-12	5:40-6:40pm

May 15th - June 12th
 Black Rock Park

May 12th – June 16th (Mondays)

Beginner Field Hockey – 5pm

Join Skyhawks for an exciting introduction to Field Hockey, a sport with a global appeal! Our fun, inclusive program, developed with USA Field Hockey, teaches basics like stick-handling and passing in a game-based environment. Perfect for boys and girls, this program is your child's gateway to a new sport. Each participant receives a free stick, Go Ball and online training with LEAP Hockey. Let's discover Field Hockey together!



May 13th – June 10th (Tuesdays)

Baseball Tots– 4:30pm & 5:20pm

Baseball Tots, ideal for kids aged 2 to 5, focus on developing motor skills & baseball basics like throwing, catching, hitting & running. Baseball Tots fosters a love for baseball from the start! Parent participation is required for ages 2 to 3.



May 14th – June 11th (Wednesdays)

MultiSport Tots– 4:30pm

Join us for MultiSport Tots at Anderson Farm Park. This program offers a variety of sports through fun, age appropriate activities enhancing balance, coordination, and fitness. Parent participation is required for ages 2 to 3.





May 14th – June 11th (Wednesdays)

MiniHawks MultiSport – 5:20pm

Embark on an adventure with Mini-Hawk, a multi-sport program for children aged 4 to 6. It offers a fun, structured environment to explore various sports, enhancing balance and coordination. Participants will improve athletically while learning sportsmanship and teamwork.



May 14th

Music in the Parks: Perkiomen Valley High School Jazz Band – 6:30pm

Perkiomen Valley High school Jazz Band will be gracing our stage again this year. We hope you will join us for a night of music from these talented students. Bring a chair or blanket to the park.

May 15th – June 12th (Thursdays)

Boys/Girls Beginner Flag Football – 4:30pm, 5:40pm

Dive into the excitement with Skyhawks Flag Football! This program teaches passing, receiving, kicking, & flag pulling all while emphasizing heart & spirit. There are two sessions (based on age group) per gender. **The program will take place behind the large playground at Black Rock Park. Look for the Skyhawk flags!**



Program Cancellation and Refund Policy

Upper Providence Township reserves the right to cancel any program, trip or activity due to insufficient registration, inclement weather or any reasonable cause; in this case a full refund will be issued.

No refunds will be issued for cancellations unless requests are made in writing prior to 14 days of the start of a program. All refunds are subject to a 15% processing fee. No refunds or credits will be issued for cancellation of bus trips, or cancellations made after the start of a program. There is a \$25.00 fee for all returned checks.



May 2025
Programs & Events Calendar

DODGEBALL



Grab your friends and join us for a fun game of dodgeball at the Community Center! Pre-registration is required.

Friday, May 16th	Ages: 6-8	Ages: 9-12
UPT Community Center	6-6:45pm	7-7:45pm
Register at uptrec.org to reserve your spot today!		



MUSIC IN THE PARK



LINE UP:

- 14-May PV High School Jazz Band 6:30pm
- 22-May SF High School Orchestra 5pm
- 18-Jun YoYo 6pm
- 9-Jul Bubble Dance Party 6pm
- 23-Jul Two of a Kind 6pm
- 13-Aug Theatre- Robin Hood 6pm
- 27-Aug Swift & the Midnights! 6pm

*All Concerts are held at Anderson Farm Park.
Don't forget your chair or blanket to enjoy the evening.

May 15th

Story time - 5:30pm



We hope you will join us for a fun story time at the Community Center. This is geared towards 3-6 year olds, but all are welcome.

May 15th

QPR: Suicide Awareness- 6pm



Join Officer Parkins as we learn all about the warning signs of suicide and how we can help those around us who may be struggling. Registration is required, but this program is free. Please note, this program will be held at the UPT Administration Building located at 1286 Black Rock Road.

May 16th

Walk with a First Responder: Fire- 9am



Join our friends from the UPT Fire and Emergency Services Department for a leisure walk around Black Rock Park. During this walk, participants will have the opportunity to interact with firefighters. Registration is required for this program.





May 16th

Dodgeball Pop Up- 6pm & 7pm

Gather up your friends & head over to the Community Center for a night of Dodgeball! We will host two different age groups: 6-8 and 9-12. Be sure to register on our website, uptrec.org. We can't wait to see you!



May 17th

Shredding Event - 9am

For Residents of Upper Providence Township

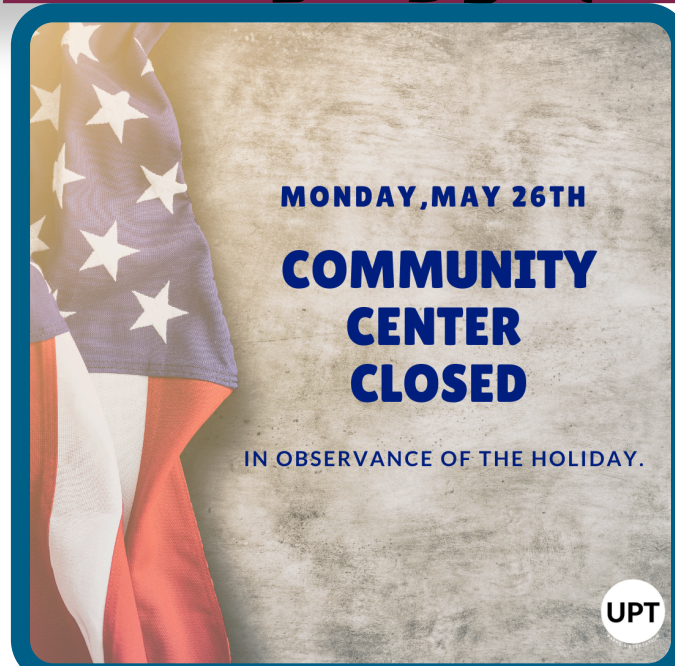
- Held at Black Rock Park - 1286 Black Rock Road near the skate park.
- Rain or Shine runs from 9am-Noon or until Shredding Truck is filled
- Drive up to truck, unload your bagged or boxed materials and exit the park
- Recommended donation is \$10 per box. All donations are greatly appreciated and help defray the cost of the event.

May 19th & 20th - Gym Closed!

The Gymnasium will be closed on May 19th at 5pm in preparations for Elections. The gymnasium will reopen on Wednesday, May 21st.

May 19th - 5-8pm

May 20th - Gym closed all day.



MAY



Mini Music Movers

MUSIC AND STORY

Dates: Tues., April 29th - May 20th
Time: 9:30-10am (0-2yrs)
10:30-11am (2-6 yrs)

Register online!
uptrec.org




SKYHAWKS!

Field Hockey

Our fun, inclusive program, developed with USA Field Hockey, teaches basics like stick-handling and passing in a game-based environment. Perfect for boys and girls, this program is your child's gateway to a new sport. Each participant receives a free stick, Go Ball, online training with LEAP Hockey, and a Skyhawks T shirt and glow in the dark wristband. Let's discover Field Hockey together!

Mondays (5/12-6/16) 5:00-6:00pm (5-10 years old)
\$140 per person Register at uptrec.org



COMING SOON

- June 2 GolfTots & Beginner golf with Skyhawks
- June 5 Story time with UPT Police Depart.
- June 15 Broadbelt classic Car show
- June 18 Yoyo concert
- June 19 W.A.T.E.R. Safety Program with Goldfish Swim School of Oaks

May 22nd

Music in the Parks: Spring Ford High School Music Department -5pm

We are excited to welcome back the talented musicians of Spring Ford High School. Bring a chair or blanket to the park & enjoy an evening of awesome music.

May 26th - Center Closed

UPT Community Center is closed today in honor of Memorial Day. We hope you have a great day with friends and family. We'll see you on Tuesday, May 27th for regular business hours.

May 31st - June 28th (Saturdays)

DinoTots - 9:30am & 10:20am

Get ready to stomp, roar, and explore with DinoTots! This exciting class is designed for little explorers to develop fundamental motor and athletic skills through fun, non-sport-specific games. Each child will wear a dinosaur mask and tail, bringing their prehistoric adventures to life as they run, jump, and play in a dynamic, imagination-fueled environment. Parent participation required for ages 2 to 3.



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.



Summer Camp Update

Fill your summer with fun at Camp Black Rock! Campers will spend their summer playing games, going on trips, swimming, and more. Camp registration is underway for both our 6 week camp option and our weekly options.

Camp Black Rock – 6 weeks: June 16th – 27th and July 7th – Aug. 1st
***OFF the week of June 30th through July 4th**

****Camp Black Rock – weekly options:**
June 16th –21st June 23rd-27th
July 7th – 11th July 14th-18th
July 21st-25th (FULL) July 28th-Aug. 1st (FULL)



Specialty Camp

Our Specialty Camps run for 1 week at a time and have both full day and half day options. Visit our website for topics, prices, and ages. There is something for everyone!

Specialty Camp 2025 Schedule

Bricks 4 Kidz	June 9-13 & Aug. 4-8
Ramp Up Skate	June 9-13 & July 7-11
Mad Science	June 16-20 & August 11-15
Theater Camp	June 16-20
Preschool Camp	June 23-27 & July 7-11; July 14-18 & July 28-Aug 1; Aug. 4-8
Shining Knights	July 21-25
UPT Emergency Services Academy	August 11-15



2025 Summer
Camps