



May 2025

Programs and Events 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES: -To avoid class disruptions, please arrive 5 minutes prior to the start of class. -10+ are welcome with a parent or guardian for open gym. 14+ may join all classes independently. -All classes/programs are subject to change. -Rock wall is open for all members during operating hours. -Open Gym Times subject to change.		LEGEND: (G) – Gymnasium (S) – Silo (DH) – Dek Hockey Rink (TC) – Tennis Court Parking Lot (PTC) – Providence Town Center Shopping Center P&R Website: www.uptrec.org Scan the QR code to register. BLUE – Programs GREEN – Special events/programs MAROON - GYM RENTAL	(GEX) – Group Exercise Room (MPG) – Multipurpose Room (AMP) – Amphitheater Field (SP) – Black Rock Skate Park (UPT ADMIN) – Admin. Building (BR) – Black Rock Park	1 4:30-5:30pm Girls/Boys Beginner Flag Football: Ages 6-8 (BR) 5:40-6:40pm Girls/Boys Beginner Flag Football: Ages 9-12 (BR)	2 10:15-11am Strength & Stability (G) 5:30-6:15pm Dance: ballet/jazz (Ages 5-6) (MPG)	3 8:30-9:30am Beginner Skateboarding (SP) 9:30-10am DinoTots: Ages 2-3 (BR) 10:20-11:00am DinoTots: Ages 4-5 (BR) 10-11am Skate Club (SP) 1-8:30pm UPT Music Fest (AF) UPT Community Center Closed today. We hope to see you at UPT Music Fest.
4	5 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4-6pm Private Gym Rental (G2) 4:30-5:15pm Dance: ballet/jazz (Ages 4-6) (MPG) 4:55-5:35pm GolfTots (Ages 3-5) (AMP) 5:15-6pm Dance: ballet/jazz (Ages 7-9) (MPG) 5:45-6:45pm Beginner Golf (AMP) 6:15-7pm Dance: ballet/jazz (Ages 4-6) (MPG) 7-7:45pm Dance (Ages 6-8) (MPG)	6 9:30-10am Mini Music Movers: Music & Story (MPG) 10:30-11am Mini Music Movers: Music & Story (MPG)	7 1-3pm Mahjong (GEX) 4:30-5:15pm Dance: Ballet (Ages 3-4) (MPG) 5:15-6pm Dance: Ballet/Jazz (Ages 5-6) (MPG) 5-7pm Pizza with a First Responder (BR) 6-6:45pm Dance: Hip Hop/Jazz (Ages 7-10) (MPG)	8 6-6:45pm Adult Kickboxing (MPR)	9 11am-12pm Art for Seniors (MPG) *5-7pm Recital rehearsal (Amp) 5:30-6:15pm Dance: ballet/jazz *Class will be part of rehearsal (Ages 5-6) (MPG) *If there is inclement weather, rehearsal will be moved into the gymnasium. Please call for gym availability prior to coming to the center.	10 8:30-9:30am Beginner Skateboarding (SP) 9:30-10am DinoTots: Ages 2-3 (Amp) 10:20-11:00am DinoTots: Ages 4-5 (Amp) 10-11am Skate Club (SP) *10am Dance Recital (AMP) 1-3pm Providence Town Center Block Party (PTC) *If there is inclement weather, the Dance Recital will be moved into the gymnasium. Please call for gym availability prior to coming to the center.
11	12 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4-6pm Private Gym Rental (G2) 4:55-5:35pm GolfTots (Ages 3-5) (AMP) 5:45-6:45pm Beginner Golf (AMP) 5-6pm Beginner Field Hockey (DH)	13 9:30-10am Mini Music Movers: Music & Story (MPG) 10:30-11am Mini Music Movers: Music & Story (MPG) 4:30 -5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP)	14 1-3pm Mahjong (GEX) 4:30-5:10pm MultiSport Tots: Ages 1.5-3 (AMP) 5:20-6pm MiniHawks MultiSport: Ages 4-6 (AMP) 6:30-7:30pm Music in the Parks: Perkiomen Valley High School Jazz Band (Amp)	15 4:30-5:30pm Girls/Boys Beginner Flag Football: Ages 6-8 (BR) 5:30-6pm Story time (MPG) 5:40-6:40pm Girls/Boys Beginner Flag Football: Ages 9-12 (BR) 6:00-8:30pm QPR Suicide Awareness (UPT ADMIN)	16 9-9:30am Walk with a First Responder: Fire (BR) 10:15-11am Strength & Stability (G) 6-6:45pm Dodgeball (age 6-8) (G) 7-7:45pm Dodgeball (ages 9-12) (G)	17 8:30-9:30am Beginner Skateboarding (TC) 9am12pm Shredding Event (BR) 10-11am Skate Club (TC)
18	19 1-3pm Hooks & Needles (S) 1-3pm Canasta (GEX) 4-6pm Private Gym Rental (G2) 5-6pm Beginner Field Hockey (DH) The gymnasium closes at 5pm in preparation for Elections.	20 9:30-10am Mini Music Movers: Music & Story (MPG) 10:30-11am Mini Music Movers: Music & Story (MPG) 4:30 -5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP) Gymnasium closed for Elections	21 1-3pm Mahjong (GEX) 4:30-5:10pm MultiSport Tots: Ages 1.5-3 (AMP) 5:20-6pm MiniHawks MultiSport: Ages 4-6 (AMP)	22 4:30-5:30pm Girls/Boys Beginner Flag Football: Ages 6-8 (BR) 5-6:30pm Music in the Parks: Spring Ford High School Orchestra (Amp) 5:40-6:40pm Girls/Boys Beginner Flag Football: Ages 9-12 (BR) 6-6:45pm Adult Kickboxing (MPR)	23	24 8:30-9:30am Beginner Skateboarding (SP) 10-11am Skate Club (SP)
25	26 Happy Memorial Day! UPT Community Center is closed. We look forward to seeing you tomorrow for normal business hours.	27 9:30-10am Mini Music Movers: Music & Story (MPG) 10:30-11am Mini Music Movers: Music & Story (MPG) 4:30 -5:10pm Baseball Tots: Ages 2-3 (AMP) 5:20-6pm Baseball Tots: Ages 4-5 (AMP)	28 1-3pm Mahjong (GEX) 4:30-5:10pm MultiSport Tots: Ages 1.5-3 (AMP) 5:20-6pm MiniHawks MultiSport: Ages 4-6 (AMP)	29 4:30-5:30pm Girls/Boys Beginner Flag Football: Ages 6-8 (BR) 5:40-6:40pm Girls/Boys Beginner Flag Football: Ages 9-12 (BR)	30 10:15-11am Strength & Stability (G)	31 8:30-9:30am Beginner Skateboarding (SP) 10-11am Skate Club (SP) 9:30-10:10am DinoTots: Ages 2-3 (AMP) 10:20-11:00am DinoTots: Ages 4-5 (AMP)