

## December 2022 Programs and Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES:  -To avoid class disruptions, please arrive 5 minutes prior to the start of class.  -10+ are welcome with a parent or guardian for open gym. 14+ may join all classes independently.  -All classes/programs are subject to change.  -Rock wall is open for all members during operating hours.  -Open Gym Times subject to change		LEGEND: (G) – Gymnasium (GEX) – Group Exercise Room (S) – Silo (MPG) – Multipurpose/GEX Rm (AF) – Anderson Farm Park (BR) – Black Rock Park  Pre-registration required. Scan QF registration or visit getupt.org  BLUE – Programs GREEN – Sp	R code for class info and ecial events/programs	1 5-7pm Woodland Wonderland (AF)		3 5-8pm Woodland Wonderland (AF)
		P&R Website: Getupt.org				
4	5 9-9:45am Stroller Strength (G) 1-3pm Hooks and Needles (GEX)	6 9:15-9:45am Mini Music Movers (MPG) 10:15-11am Mini Music Movers (MPG)	7 1-3pm Mahjong (GEX)	8 5-7pm Woodland Wonderland (AF) 5:30-7:30pm Spa Night (MPG)	time (MPG) 5-8pm Woodland	10 9am-12pm Young Rembrandts Workshop (MPG) 5-8pm Woodland Wonderland (AF)
11	12 9-9:45am Stroller Strength (G) 1-3pm Hooks and Needles (GEX) 5:30-6:30pm Cookie decorating: Gingerbread people (MPG)	9:15-9:45am Mini Music Movers (MPG) 10:15-11am Mini Music Movers (MPG)	14 1-3pm Mahjong (GEX)	15 5-7pm Woodland Wonderland (AF)		17 5-8pm Woodland Wonderland (AF)
18	9-9:45am Stroller Strength (G) 1-3pm Hooks and Needles (GEX)	9:15-9:45am Mini Music Movers (MPG) 10:15-11am Mini Music Movers (MPG)	21 1-3pm Mahjong (GEX) 5:30-7:30pm Spa Night (MPG)	22	23	24  UPT Community Center open 8am to noon.
25	26  UPT Community Center closed.	27 8:30-11:30am Kids Day Out (G1/MPG)	28 8:30-11:30am Kids Day Out (G1/MPG) 1-3pm Mahjong (GEX)	29 8:30-11:30am Kids Day Out (G1/MPG)		31