

# UPT Parks & Recreation Activity Guide

## Nov . 1st -22nd (Tuesdays)



### Mini Music Movers – Play Time – 9:15 & 10:15 am

Play Time is a center based class with Ms. Kendra! Caregivers are required to stay with those enrolled in the class.

## Nov. 4th – 18th (Fridays)

### Story Time – 10am



Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center. **No Story Time on Friday, Nov. 25th!**

## Nov. 7th – 28th (Mondays)

### Stroller Strides – 9am



Grab the kiddos and join us for a fun walking club designed for families.

## Nov. 7th

### Outdoor Scavenger Hunt– 5:30pm



Join us for an outdoor scavenger hunt at Anderson Farm Park. Be sure to bring a flashlight with you!

## Nov. 8th & 22nd

### Rock Painting– 5:30pm



We will be painting rocks this month. These can be used as decorations or labels in your gardens. The options are endless!

## Nov. 16th

### PJ Story Time– 5:30pm



Join us at the Center for a PJ Story time! Participants are encouraged to come in their pajamas to hear a story and have a snack.

## Nov. 17th

### Mario Kart Tournament– 5:30pm



We can't wait to play some games with our friends at the Center! Pre-registration is required.

### Community Center Contact Information:

Phone: 484-391-2390

E-mail: [getuptcc@gmail.com](mailto:getuptcc@gmail.com)



## COMMUNITY CENTER REGULAR HOURS

### OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

Regular hours return September 9th.



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

NOVEMBER

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426

## Radio City Christmas Spectacular

December 8th • \$135 per person • 7:00am-8:00pm

\*Times are subject to change

Kick off the Holiday Season and see the Radio City Christmas Spectacular with the famous Rockettes! Seats will be in the orchestra section. Roundtrip Motorcoach and free time after the 11am show in NYC is also included.



## Woodland Wonderland Light Display

Thursdays, 5-7pm

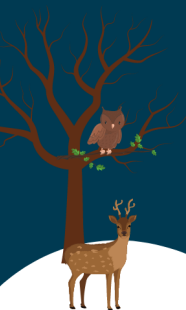
Fridays, and Saturdays, 5-8pm

November 26- December 17

Find Pricing and more  
information online

Timed Tickets required.

Register at [getupt.org](http://getupt.org)



C Children's Programs

A Adults Programs

## Nov. 19th

### Snowman Wall Hangings craft- 9am S \$

Come craft with Carla! We will be making cute snowman wall hangings to prepare for the upcoming winter! They make a great gift!

## Nov. 19th

### Turkey Trail Trek- 9am S A C

Join us at Black Rock Park for a family friendly event. We will have turkey trivia, giveaways, and more. We hope to see you there!

## Nov. 20th

### Nature Explorers: Owl Prowl -5pm S A C

We're going on an Owl Prowl around Anderson Farm Park! Come learn some basic facts, touch feathers and hopefully hear a wild Owl. Bring a flashlight and wear sturdy walking shoes.

## Nov. 21st

### Fall Cookie Decorating -5:30pm \$ C

Join us to decorate some fun fall themed cookies at the Center! Please note, this is NOT a drop off program. Free for members! \$5 fee for non members.

## Nov 23rd & 25th

### Kids' Day out - 8:30am \$ C

Are you looking for something for the kids to do while home from school? Bring them to the center for some fun! See website for more details.

## Nov. 24th

Happy Thanksgiving! UPT Community Center is closed.

## Nov. 25th

UPT Community Center has shortened hours from 8am to noon.

S Senior Programs

\$ Programs have registration fees.



Nov. 26th – Dec. 17th

Woodland Wonderland-5pm \$ C S A

Join us for our Woodland Wonderland light display at Anderson Farm Park! Characters, emergency responders, and special activities on select nights. Check website for more details and to register!

Nov. 29th–Dec. 20th (Tuesdays)

Mini Music Movers – Music and Story – 9:15 & 10:15 am

Enjoy music and stories with Ms. Kendra!

Caregivers are required to stay with those enrolled in the class. \$ C

Dec. 8th & 21st

Spa Nights – 5:30pm C

Sign up for a time slot to enjoy some salon inspired activities like getting your nails painted or a facial!

Dec. 10th

Young Rembrandts – 9am \$ C

Join Young Rembrandts for a fun winter themed workshop! Pre-registration required. This is a great opportunity for grown ups to enjoy some peace & quiet or last minute shopping!

Dec. 12th

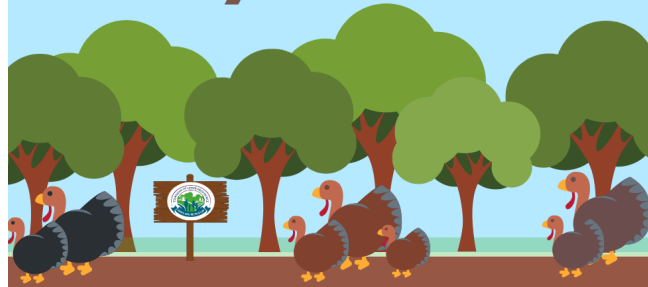
Cookie Decorating: Gingerbread People – 5:30pm \$ C

Come decorate Gingerbread people cookies with us!

Dec. 26th

UPT Community Center will be closed in observance of the holiday.

Turkey Trail Trek



Join us for our 3rd annual Turkey Trail Trek!

Trail Walk | Turkey Trivia | Children's activities | and MORE!

Black Rock Park • November 19th • 9-11am

GEX Classes for November

- Stroller Strides - Mondays @9:00am
- Qi Gong - Mondays @10:15am
- Dance Your Bliss - Mondays @11:15am
- Zumba Gold - Tuesdays @10:15am
- Total Body Strength - Tuesdays @6:00pm
- Senior Stretch - Wednesdays @10:15am
- Mama Fit - Thursdays @9:15am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Weight Training- Fridays @9:00am
- SS Classic - Fridays @10:15am

For more information about these classes visit [getupt.org](http://getupt.org)